



*Cobb County...Expect the Best!*

## East Cobb Senior Center

### Ongoing Activities

**Seniors (55+) are welcome to participate in activities between the hours of 8:30a.m.and 4:30p.m.**

<b>MONDAY THRU FRIDAY</b>		
<b>8:30am-4:30pm</b>	<b>Open Billiards</b>	<b>Daily</b>
<b>8:00-8:30am</b>	<b>Indoor Walking</b>	<b>Daily</b>
<b>4:00-4:30pm</b>	<b>Indoor Walking</b>	<b>Daily (except Wed)</b>
<b>8:00am or 3:30pm</b>	<b>Table Tennis (<i>check for schedule times</i>)</b>	<b>Daily (except Wed)</b>
<b>MONDAY</b>		
<b>9:00am-Noon</b>	<b>Tennis Mixer (Harrison Tennis Center.)</b>	<b>Weekly</b>
<b>9:00-10:00am</b>	<b>East Cobb "Classic Golf Club" Board Mtg.</b>	<b>3rd Mon..</b>
<b>10:00-11:00am</b>	<b>East Cobb "Classic Golf Club"</b>	<b>3rd Mon.</b>
<b>10:30-11:30am</b>	<b>Senior Exercise</b>	<b>Weekly</b>
<b>10:00-11:00am</b>	<b>Catch'em Fishing Club</b>	<b>1st Mon.</b>
<b>1:00-4:00pm</b>	<b>Intermediate Bridge I &amp; II</b>	<b>Weekly</b>
<b>2:00-3:00pm</b>	<b>Guys &amp; Dolls Choral Group</b>	<b>Weekly</b>
<b>TUESDAY</b>		
<b>9:00am-1:00pm</b>	<b>55 Alive Driving Course</b>	<b>4th Tue.</b>
<b>9:30am-4:00pm</b>	<b>Pinochle</b>	<b>Weekly</b>
<b>9:30-10:30am</b>	<b>Line Dance Practice</b>	<b>Weekly</b>
<b>9:30am-12:30pm</b>	<b>Intermediate Bridge I &amp; II</b>	<b>Weekly</b>
<b>10:30-11:15am</b>	<b>Intermediate Line Dance</b>	<b>Weekly</b>
<b>11:30am-12:15pm</b>	<b>Focus on Fitness</b>	<b>Weekly</b>
<b>12:30-2:00pm</b>	<b>Advanced Line Dance</b>	<b>Weekly</b>
<b>12:30-4:00pm</b>	<b>Duplicate Bridge</b>	<b>Weekly</b>
<b>2:00-2:30pm</b>	<b>Line Dance Practice</b>	<b>Weekly</b>
<b>WEDNESDAY</b>		
<b>9:30am-Noon</b>	<b>N.A.R.F.E. (Business Meeting)</b>	<b>4th Wed.</b>
<b>9:30am-Noon</b>	<b>Mah Jongg</b>	<b>Weekly</b>
<b>9:30am-Noon</b>	<b>Open - Board Games &amp; Card Games</b>	<b>Weekly</b>
<b>10:30-11:30am</b>	<b>Senior Exercise</b>	<b>Weekly</b>
<b>1:00-4:00pm</b>	<b>Intermediate Bridge I &amp; II</b>	<b>Weekly</b>
<b>2:00-3:00pm</b>	<b>Foxtrotters Ballroom Dance Club Meeting</b>	<b>3rd Wed.</b>
<b>2:00pm</b>	<b>Billiards Club</b>	<b>Weekly</b>
<b>THURSDAY</b>		

<b>8:45-9:30am</b>	<b>Golden Kiwanis Board Meeting</b>	<b>2nd Thu</b>
<b>9:00am-1:00pm</b>	<b>55 Alive Driving Course</b>	<b>4th Thu.</b>
<b>9:00-11:00am</b>	<b>Wood Carvers Club</b>	<b>Weekly</b>
<b>9:30am-Noon</b>	<b>Photography Club</b>	<b>1st Thu.</b>
<b>9:30am-3:00pm</b>	<b>Hand &amp; Foot</b>	<b>Weekly</b>
<b>10:00am</b>	<b>Golden Kiwanis Club</b>	<b>Weekly</b>
<b>10:00am</b>	<b>J.O.Y Bowling Club/Village Lanes</b>	<b>Weekly</b>
<b>10:30am-Noon</b>	<b>Ideas &amp; Issues Book Club</b>	<b>3rd Thu.</b>
<b>11:00am-4:30pm</b>	<b>Beginner Pinochle</b>	<b>Weekly</b>
<b>1:30-3:00pm</b>	<b>A.A.R.P. Chapter Meeting</b>	<b>1st Thu.</b>
<b>2:00-4:00pm</b>	<b>Retired Military</b>	<b>2nd Thu.</b>
<b>FRIDAY</b>		
<b>9:30am-4:00pm</b>	<b>Pinochle</b>	<b>Weekly</b>
<b>9:30-10:30am</b>	<b>Line Dance Practice</b>	<b>Weekly</b>
<b>10:00am-2:00pm</b>	<b>Advanced Bridge</b>	<b>Weekly</b>
<b>10:30-11:15am</b>	<b>Intermediate Line Dance</b>	<b>Weekly</b>
<b>11:30am-12:15pm</b>	<b>Focus on Fitness</b>	<b>Weekly</b>
<b>12:30-2:00pm</b>	<b>Advanced Line Dance</b>	<b>Weekly</b>
<b>2:00-2:30pm</b>	<b>Line Dance Practice</b>	<b>Weekly</b>
<b>2:00-4:00</b>	<b>Asian Mah Jongg</b>	<b>Weekly</b>
<b>8:00-11:00pm</b>	<b>Foxtrotters Dance</b>	<b>4th Fri.</b>